System Access
Behavioral Health Services

DELAWARE COUNTY CITIZENS

Adults with Mental Illness
or Substance Abuse Disorders

Office of Behavioral Health

MH (BSU) Intake,
Assessment, and
Referral

Magellan Behavioral Health

D&A (Anchor Provider)
Intake, Assessment,
and Referral

Crisis/
DETOX

Behavioral Health Provider Network
Intake and Outpatient Services
MH Services

- Two Base Service Units (BSUs) for Mental Health Service Access
  - CCMC, Community Division
    - 610-497-7687
  - NHS of Delaware County
    - 610-534-3636
Intake and Outpatient Services

MH Services

• NHS Intake Process
  • MH Intakes occur 5 days a week (M-F).
    Registration is conducted on-site at the time of the walk-in
    - Demographic information
    - Funding source/insurance
    - Brief behavioral health history (recent hospitalizations, medications, D&A, etc.)
    - Presenting problem
    - Risk assessment
    - Determine if routine/urgent/emergent
Intake and Outpatient Services
MH Services

• CCMC, Community Hospital Intake Process
  • Walk in, no appointment required
  • Monday through Friday
  • AM Session 8-10
  • PM Session 12-2
Case Management Services
Mental Health

Case Managers assist individuals to achieve recovery-oriented goals and improve quality of life. Activities provided by case managers include:

- Assessment and Service Planning
- Linking with Services
- Monitoring Service Delivery

- Resolving Problems
- Building Informal Support Networks
- Using Community Resources
Case Management Services
Mental Health

- Administrative Management (AM)
  - Provides office-based services as frequently as needed.

- Blended Case Management (BCM)
  - Resource Coordination (RC)
    - Provides community-based services at minimum once a month. Face-to-face contacts must be made at least every other month.
Rehabilitation Services

Psychiatric Rehabilitation

• Mobile and Site Based Programs

• Referral Process
  • Coordinated through Psychiatric Rehabilitation Assessment Specialist and Case Manager
  • Eligibility is the same for all Psychiatric Rehabilitation Services
    ▪ Mobile and site-based Psychiatric Rehabilitation services can be jointly authorized as appropriate
Rehabilitation Services
Psychiatric Rehabilitation

• Assessment Providers
  • CareLink Community Support Services
    ▪ Located at NHS BSU - Sharon Hill
  • Horizon House, Inc.
    ▪ Located at CCMC BSU - Chester
Rehabilitation Services
Psychiatric Rehabilitation

• Criteria for PR Assessment
  • 18 years or older and a resident of Delaware County
  • Presence or history of serious mental illness
  • Diagnosis: schizophrenia, major mood disorder, psychotic disorder NOS, schizoaffective disorder, or borderline personality disorder (other diagnoses by exception)
  • Moderate to severe functional impairment (educational, social, vocational, managing illness/wellness, living domains)
Rehabilitation Services
Mobile Psychiatric Rehabilitation (MPR)

• Providers
  • CareLink Community Support Services
  • Horizon House, Inc.

• Services
  • Mobile, community based
  • 1:1 skill teaching and support development
  • Improved functioning and satisfaction in living, learning, working and social environments of the individual’s choice
Rehabilitation Services
Site-Based Psychiatric Rehabilitation

• PR Providers and Program Models
  • Elwyn
    • Welcome House, ICCD Clubhouse
  • Horizon House
    • Providence House, ICCD Clubhouse
  • NHS of Delaware County
    • Circle of Friends - Boston University Approach
    • Parkway Skills Center - MH/ID
  • CCMC - Community Division
    • Social Steps - Social Skills Training
Rehabilitation Services

Supported Education

- Delaware County Open Door to Education (DCODE)
  - Partnership - Delaware County Community College
    - Program Features
      - Fall and Winter Semester Classes
      - Two - 9 week sessions with two - 2 hour classes per week
      - Explores educational and vocational interests and aptitudes
      - Community College faculty provide classroom instruction
      - CareLink provides Teaching Assistant support
  - Referral Process
    - DCODE Referral packets available through PR Assessors
Rehabilitation Services
Community Employment

- Providers
  - CareLink, Elwyn, Horizon House, NHS of Delaware County, and OVR

- Admission Criteria
  - Interest in educational, vocational, and/or employment goal
OUR SERVICES

Mobile Outreach

CPS Warm-Line
855.464.9342

Community Partnership
Mobile Dispatch Specialist
Answers Call

Case Referred to Mobile Crisis

Mobile Crisis on the Way
Emergency Services
Crisis Residential Program (CRP)

- The CRP serves individuals who are
  - 18+ years of age, in crisis situations, and in need of psychiatric stabilization

- CRP provides
  - Short-term, crisis residential service
  - Psychiatric, medical, and substance abuse services
  - Diversion placement as an alternative to hospitalization
  - Step-up for persons living in the community whose placements are at risk
Emergency Services
Crisis Residential Program (CRP)

• CRP Program Description
  • Elwyn’s MH Division - Natale at McCabe Bldg
  • Capacity 8 adults (male and female)
  • OBH or Magellan authorized referral required
  • Serves special needs populations
  • Based on psych rehab and recovery principles

• Consumer Eligibility
  ▪ Mental Health diagnosis (may be dully diagnosed)
  ▪ Not in need of inpatient treatment
  ▪ Require short-term stabilization and crisis
Specialized Services
Specialized MH Treatment

- **Adult Residential Treatment Facility (A-RTF)**
  - RTF traditional model is a highly structured therapeutic residential mental health facility provided by Elwyn
  - Psychiatric, medical, and substance abuse services
  - Length of stay is typically short term
  - Goal is to provide psychiatric stabilization that facilitates community reintegration
  - Short-term, sub-acute placement
  - Inpatient diversion - step-up
  - Transition from inpatient - step-down
Residential Services
MH Community Residential Services

- Who is eligible to live in CRS Housing Programs?
  Adults, aged 18 and older, who have a MH diagnosis and meet program criteria.

- How are referrals made?
  The OBH standardized CRS Referral Packet is used for referrals to all MH residential programs.
Residential Services
MH Community Residential Services

- OBH CRS Priority Populations include persons who
  - Are discharged from Norristown State Hospital
  - Live in the community at-risk of homelessness or incarceration
  - Are released from jails and correctional facilities (forensic)
  - Have MH and D&A Co-Occurring Disorders (COD)
  - Have other co-occurring disabilities (medical/ID)
  - Are 18-25 years of age (Transition-age youth)
Residential Services
MH CRS Models - Transitional Housing

- Community Residential Rehabilitation (CRR)
  - Special Needs - Maximum/Moderate Supervision
  - Full Care - Maximum Supervision
  - Partial Care - Moderate/Minimum Supervision
  - Psychosocial Rehabilitation model
  - Goal of increased independence
  - Activities of daily living (ADL) skills
  - Apartment management skills
  - Transition within levels of care
Residential Services
MH CRS Models - Long-term Housing

- Types of Long-term Housing Facilities
  - Specialized Personal Care Home (SPCH)
  - Personal Care Home (PCH)
  - Specialized Community Residential Rehabilitation (SCRR)
  - Three Person Residences (TPR)
Residential Services
MH CRS Models - Supported Housing Services (SHS)

- Long-term apartment-based housing resources
- Facility-based and scattered site models
  - Elwyn and Horizon House provide facility-based SHS
- Goal of SHS placement is independent living
- SHS programs Provide
  - 24-hour staff supervision
  - Non-time-limited residency
  - Assistance with daily living skills
  - Medication management
  - Apartment management
  - Utilizing community resources
Residential Services
MH CRS Models - Specialized Housing

• Long Term Structured Residence (LTSR)
  • Highly structured treatment milieu in a locked 16-bed facility
  • Active psychiatric treatment
  • Psychosocial rehabilitation
  • MH Court 304, 305 commitments accepted (or 201)
  • Time-limited placement based on psychiatric evaluation and medical necessity
  • MA reimbursable service
    • 14-bed MA authorizations by Magellan
    • 2-bed County-funded authorizations by OBH
Residential Services
MH CRS Models - Specialized Housing

- Transition-age SCRR - CareLink
  - Facility-based and scattered-site housing
  - Serves young adults aged 18-25
    - Diagnosed with mental illness or COD
    - Living in RTF facilities or CYS, JPO residences and transitioning from the children’s to the adult system
  - Provides intensive, multidisciplinary staff that helps residents
    - Learn apartment management skills
    - Learn to manage MH and D&A symptoms
    - Explore educational and vocational interests
    - Develop social supports networks
    - Prepare for independent community living
Residential Services
MH CRS Models - Specialized Housing

- Fairweather Lodge
  - Elwyn evidence-based housing program
    - Single Family four bedroom home located in Aldan, PA
    - Currently serving Veterans
    - Facility is self-sustained by residents through benefits and employment income
  - Lodge Coordinators assist residential management
  - Lodge members choose fellow residents
  - Lodge members determine house rules
Thank you for attending today’s presentation.

- For any additional questions please contact the Delaware County Office of Behavioral Health at 610-713-2365.